



## St. Lawrence Lodge COVID-19 Bulletin

**Issue Date: September 3, 2020**

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### **COVID-19 Status Update:**

#### **Current Status**

The Home remains COVID-19 free for both staff and residents. The Home is mandated to conduct COVID-19 testing for all staff twice monthly.

All residents are screened twice daily. In the event that a resident fails the screening (has a symptom listed in the screening tool) the resident is placed in isolation and the a COVID test is done following consultation with the Public Health Department.

We continue to be grateful to the EMS workers for conducting the clinic and resident testing at our Home.

**Next COVID-19 testing for employees is September 15 and then September 30.**

#### **Hairdressing to Resume**

There will be no additional charges for hairdressing services due to COVID-19 restrictions. Additional fees for disposable capes etc will be absorbed by the Home. We are thrilled for the residents to have the return of hairdressing services!

*Please note the following:* Hairdressers will comply with the Protocols of the Home. Our hairdresser is required to have a COVID test prior to resumption of service. Follow up tests will be done at the home and at the frequency they specify.

**Physical distancing is required. One client in the shop at a time.**

All hairdressers are required to wear **disposable masks**. Masks are to be disposed of at the end of each day. Clients are required to wear masks.

Hairdressing will be required to sanitize between clients with disinfecting solution:

- Chairs (including arm rests)
- Sink basin
- Anything touched by the client or the hairdresser while the service is in progress

Every client is required to use a new disposable cape and clean towels must be laid on the neck rest of the sink for every client. St Lawrence Lodge will provide disposable capes at no additional cost to residents.

ALL tools are required to be sanitized between each client

- Remove any hair from tools
- Wash and soak in soapy water
- Immerse in Barbicide for at least 30 minutes and leave to dry naturally

At this time, the hairdresser will cut, blow dry and use a curling iron. Rollers will not be used during COVID. **Hairdressers follows all hand hygiene protocols including washing between clients.**

**Clients will be portered to the salon by St Lawrence Lodge staff. Hairdresser will be required to stay in the salon, and not attend resident home units.**

NEW COVID-19 Directive #3 – Update from Ministry Long Term Care - Key Points:

Two types of absences are now permitted.

**Short Stay Absences**

- health-care related, social, or other reasons, i.e. appt. or ED visit (less than 24 hours)
- overnight visit in ED for longer than 24 hours is 'Temporary Absence'
- give resident medical mask worn at all times when away from Home
- give reminders about Public Health measures, i.e. physical distancing
- actively screen upon return
- no testing
- no isolation

**Temporary Absences**

- For personal reasons
- One or more nights
- Isolation 14 days upon return

The Home will discuss the potential risks of absences with the resident and family.

No Changes to New admissions or readmission protocols:

- Admissions and re-admissions protocols remain the same – testing prior to entry into Home
- Droplet/contact precautions for 14 days
- Re-swabs done on all residents post admissions and re-admissions
- **All Visitors that are entering the Home are requested to only bring in essential items (i.e. car keys). Please leave all non essential items in your car or at Home.**
  
- Designated essential visitors attending residents who are deemed palliative are required to wear at all times during the visit gloves, gown, mask, and booties. Visitors must stay with the resident in their room. No food or drinks brought in or to be offered. Visitor will be assisted at the front door to put on and remove their PPE (goves, gloves, booties etc). If a resident is on isolation precautions, staff on floor will direct and assist if needed the visitor to change PPE). Note: If a visitor has flown in from out of province, they are required to state all of their transportation routes/ stays in Canada.

**Important Infection Control Practices for our Residents to follow while off  
St. Lawrence Lodge Property**

- Before going out, weigh risks and benefits. Think: Where are you going? Who will be with you? Can you manage infection control practices?
  
- Did you sign out? Do you need any medications while out?
  
- Take only what you need with you; anything coming back with you will either be cleaned and disinfected or quarantined
  
- Wear a mask at all times when outside the Home (given by Lodge)
  
- Practice physical distancing –stay 2 meters (6 feet) away from people
  
- Wash hands often with soap and water, or use hand sanitizer after being in touch with others or handling anything from outside the Home
  
- Avoid touching your eyes, nose, mouth, and mask
  
- If you need to take the mask off, wash hands before and after putting mask back on
  
- Cover your cough and sneeze with a tissue or into your arm, not your hands

- Do not share personal items that come into contact with saliva, i.e. drinks
- If you experience any respiratory symptoms (including fever) you are to keep away from others and report back to Registered Staff at the Home
- Resident to be actively screened upon return – Screeener will notify Reg. Staff if you do not pass screening
- If out of Home for longer than one or more nights, will require isolation precautions
- On resident's return to the home, no food or drink is allowed at this time. Articles of clothing etc. will be quarantined for 3 days.

## **Outdoor and Indoor Visiting Hours**

Resident safety is our primary concern and we know we can rely on our resident families and friends to remain diligent and continue to protect our residents from exposure to COVID-19 or any other infectious disease.

As you can appreciate, there will be strict rules and requirements that Homes must put in place in order to start gradually welcoming visitors.

- Scheduled visiting hours are 7 days a week (including holidays).
- Visits will be 9:00am to 7:00pm Monday – Friday.
- Visits will be 9:00 to 5:00pm on weekends and holidays.
- Indoor visitors are still required to provide negative COVID-19 swab results to Screener.
- All visitors must pass screening in order to visit.
- No pets or visitors under 18 years of age
- Schedulers are available to take your call from 5:30am – 12:00am. Please call 613-345-0255 extension 4100 and leave a message if there is no answer.

## **Essential Items and “Care Packages” Drop Off**

- We are not encouraging items for drop off be brought at visit times; however, we understand that some families are from out of town and this is their opportunity to deliver essential items and “care packages”
- Any of these items must be brought to the front door to be dropped off.
- Press intercom and the Screener will assist you.
- ***NO food or beverages are to be included in the “care packages”***
- We have changed the Essential Item and “Care Package” Drop-off Process due to concerns regarding the exposure to the elements (recent extreme heat) and the potential loss of valuable items.
- The screeners will be receiving these packages at the Front door of the Home. Please ring the doorbell and a screener will assist you.
- These care packages will be quarantined for a period of three days prior to delivery to the resident.
- All packages will be inspected to ensure that the contents are safe for the resident to receive them. You will be contacted should there be any items in the “Care Package” that are prohibited at this time and given the opportunity to pick up the item(s). The item(s) will be disposed of should you decide not to pick the item(s) up.

**Acceptable “Care Package” items** include hand and body lotion, body wash, shampoo and conditioner, nail polish, hand cream, Kleenex, books, new or replacement clothing.

**Essential items** such as glasses, hearing aids, dentures, medications, continence products, and essential clothing must be previously approved for delivery by the ADOC for that level prior to delivery to the Home.

- All items must be placed in a clear plastic bag with the resident’s name and the date clearly marked on the outside of the bag. Please note that all items will be quarantined for three (3) days.

Thank you for helping us to keep our residents safe!

### **Visit Cancellation:**

- **If you need to cancel a visit, call 613-345-0255, extension 4100 and leave a message if no one is able to answer the phone**
- **This will ensure that the resident is aware of the cancellation and open up the appointment time for others who wish to visit their loved one**

### **Resident “Rolling Tuck Cart”**

The Activation Department will be circulating a “Rolling Tuck Cart” to each resident home area twice a week.

- Residents will have the opportunity to purchase their favorite treats and preferred items (e.g. Kleenex) from the Tuck Cart.
- Each resident will initial beside their name and what they purchased will be noted.
- At the end of each month an itemized list of items purchased will be invoiced when the resident accounts are reviewed. There is no actual money exchanged when the purchase is made.
- The items sold will be priced to ensure cost recovery. Items are being purchased through our suppliers where possible to ensure the best price.
- If there is a specific treat your loved one likes that you would like included on the cart, please let us know so that we can work to ensure that their favorites are available to them at a time when COVID precautions do not allow you to provide the treats directly.
- Staff will also be asking the residents if there is a treat they would like to be able to purchase from the cart.
- A form for you to authorize the billing for Tuck Cart purchases has been mailed Please sign and return this Form to [info@stll.org](mailto:info@stll.org) for inclusion in the resident’s file.
- Please let us know if you do not wish your loved one to access treats in this manner.

## **St. Lawrence Lodge Pilots “Personal Online Resident Pilot Shopping Program”**

During COVID-19 (Pandemic Restrictions) we are **piloting** a “personal shopping program” to our residents and families to support access to items that would not normally be available on the Tuck Cart.

The orders will be processed by our Stores Department staff (ordered, picked up and quarantined prior to being distributed to the resident.

Items that may be ordered are typically items that would be purchased at a grocery store.

All grocery items must be non-perishable (do not require re Fridgeration). For example, soft drinks, laundry soap, crackers etc.).

The Ordering process:

- Personal Shopping requests must be given with the charge nurse on the resident’s home area.
- The charge nurse will forward the requests by noon each Monday to the Lodge’s Stores Department.
- These items will ordered for curbside pickup by/delivery to the Home each Friday.
- The purchases will be quarantined for 72 hours, and then distributed to residents.
- Resident Trust Accounts will be invoiced for the purchases made each month.

**Thank you for helping us to keep our Residents Safe.**

**Stay Safe and Healthy**

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