



The Emerging Nurse Leader Series **Leadership Essentials**

for Nurse Leaders in LTC

**St. Lawrence Lodge
BROCKVILLE**

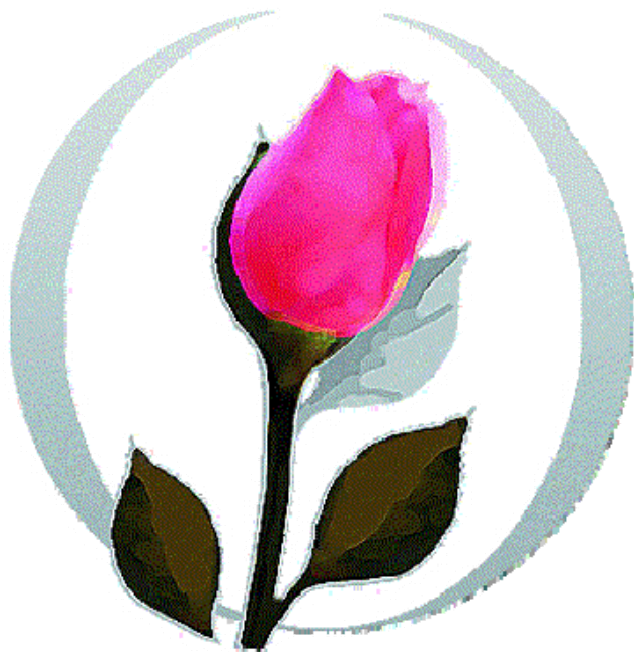
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In recent years the demands for leadership from professional nurses has extended beyond care practices to include broader organizational issues.

It is in the face of such challenges that Silver Meridian has developed the Emerging Nurse Leader Program, a new and unique approach to working with registered staff and their organizations to overcome gaps in nurses' leadership skills. By tuning into the sensitivities of the nurse as caregiver, and building on existing strengths, the program assists the professional nurse in the acquisition and practice of new skills required of the complete nurse leader.

The Leadership Essentials Program reflects the value of working on fundamental leadership strategies. Participants are provided a supportive environment in which they experiment with leadership concepts: reflecting, sharing, collaborating and emerging from the program with a renewed sense of commitment to their changing roles as Nurse Leaders.

The first training day is followed by an interval of time for completion of a practicum related to the session content. This provides an opportunity to apply new leadership skills into personal practice. The process is repeated on Day Two, with a follow-up in Day Three.



Program Overview

Day One

Making the Transition: Nurse to Nurse Leader

- Aligning your personal mission, vision, & values as a leader
- Understanding staff and personal motivation
- Leadership styles – directing, coaching, supporting, entrusting
- Planning Practicum #1 & # 2

Day Two

Effective Leadership: No One Way is Best

- Diagnosing the appropriate leadership style- being flexible
- Identifying and applying strategies for leadership style
- Determining your personal leadership preference
- Planning Practicum #3

Day Three

Assertive Leadership: Collaborative Accountability

- Developing effective and assertive interpersonal skills
- Enhancing staff relationships through collaboration
- Confronting and managing interpersonal conflict
- Personal development commitment