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Resident and Family Newsletter

LONG TERM CARE SINCE 1970

December 2014

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*May the beautiful traditions of Christmas bring you joy, and
 May the spirit of Christmas bring you goodwill and good cheer always!
 May Christmas joy reign in your heart
 and gladden the coming year!
 St. Lawrence Lodge wishes you blessings and
 good tidings on Christmas and always!*

Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

Respect

Quality Service

Resident-Centered Care

Compassion

Our Mission

St. Lawrence Lodge provides quality, resident-centered, long term care in partnership with families and personal care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.



Mark Your Calendars!

Christmas Bazaar

Including a Christmas Bake Sale and Nearly-New Sale

When: Tuesday December 2nd
 Time: 10:00 am to 3:00 pm
 Where: Fireside Lounge



The Residents and the Committee of Management of St. Lawrence Lodge cordially
 Invite you to attend a
Christmas Pub

Come and join us for an afternoon of entertainment and goodies.

When: Tuesday December 9th
 Time: 2:00 pm
 Where: Fireside Lounge



Calendar of Events - December 2014

Tues., Dec. 2 nd	AVP Bazaar & Bake Sale	Town Square - 10:00 a.m.
Tues., Dec. 2 nd	Beth - Flute	Birch - 11:00 a.m.
Tues., Dec. 2 nd	Movie Night	Town Square - 6:45 p.m.
Wed., Dec. 3 rd	Music with Wayne	Cedar - 10:30 a.m.
Wed., Dec. 3 rd	Birthday Musical - Tom Wilson	Town Square - 1:45 p.m.
Wed., Dec. 3 rd	1000 Island Choir	Town Square - 6:45 p.m.
Fri., Dec. 5 th	Bob & Bonnie	Town Square - 1:45 p.m.
Tues., Dec. 9 th	Elm Lodge Christmas Party	Elm - 10:00 a.m.
Tues., Dec. 9 th	Christmas Open House	Town Square - 2 - 3:30 pm
Tues., Dec. 9 th	The Troubadours	Town Square - 6:45 p.m.
Wed., Dec. 10 th	Maple Lodge Christmas Party	Maple - 10:00 a.m.
Wed., Dec. 10 th	Music with Wayne	Pine - 10:30 a.m.
Wed., Dec. 10 th	Parabus Shopping - See Dawn	Front Door - 1:00 p.m.
Thurs., Dec. 11 th	Pine Lodge Christmas Party	Pine - 10:00 a.m.
Fri., Dec. 12 th	D.J. Danny	Town Square - 1:45 p.m.
Sat., Dec. 13 th	Kathy & Friends	Town Square - 1:45 p.m.
Tues., Dec. 16 th	Cedar Lodge Christmas Party	Cedar - 10:00 a.m.
Tues., Dec. 16 th	Brockville Community Choir	Town Square - 3:00 p.m.
Tues., Dec. 16 th	Memories of Yesterday	Town Square - 6:45 p.m.
Wed., Dec. 17 th	Spruce Lodge Christmas Party	Spruce - 10:00 a.m.
Wed., Dec. 17 th	Bernie & Verna	Elm - 10:30 a.m.
Wed., Dec. 17 th	Music with Wayne	Maple - 10:00 a.m.
Wed., Dec. 17 th	Vanier School Choir	Town Square - 1:30 p.m.
Thurs., Dec. 18 th	Birch Lodge Christmas Party	Birch - 10:00 a.m.
Fri., Dec. 19 th	St. Lawrence Entertainers	Town Square - 1:45 p.m.
Sat., Dec. 20 th	Tom Wilson Trio	Town Square - 1:45 p.m.
Tues., Dec. 23 rd	D.J. Duke	Town Square - 1:45 p.m.
Tues., Dec. 23 rd	Movie Night	Town Square - 6:45 p.m.
Wed., Dec. 24 th	Music with Wayne	Birch - 10:30 a.m.
Wed., Dec. 24 th	Music with Vangie	Pine - 10:30 a.m.
Sat., Dec. 27 th	Pub - Matt Hayes	Town Square - 1:45 p.m.
Tues., Dec. 30 th	Beth - Flute	Spruce - 11:00 a.m.
Tues., Dec. 30 th	Sweet Memories	Town Square - 6:45 p.m.
Wed., Dec. 31 st	Music with Wayne	Elm - 10:30 a.m.
Wed., Dec. 31 st	New Year's Party - Tom Wilson	Town Square - 1:45 p.m.

SPECIAL CARE (OAK) - DECEMBER 2014

Mon., Dec. 1 st	Music with Joyce	10:30 a.m.
Wed., Dec. 3 rd	Music with Vangie	10:30 a.m.
Fri., Dec. 5 th	Music with Jacquie	10:30 a.m.
Sat., Dec. 6 ^h	Hudson Majaury	1:45 p.m.
Mon., Dec. 8 th	Music with Joyce	10:30 a.m.
Tues., Dec. 9 th	Christmas Open House	2:00 - 3:30 p.m.
Fri., Dec. 12 th	Harmonica Sing-A-Long	1:45 p.m.
Mon., Dec. 15 th	Oak Christmas Party	10:00 a.m.
Thurs., Dec. 18 th	Bernie & Verna	10:30 a.m.
Mon., Dec. 22 nd	Music with Joyce	10:30 a.m.
Tues., Dec. 23 rd	Beth - Flute	11:00 a.m.
Mon., Dec. 29 th	Music with Joyce	10:30 a.m.
Wed., Dec. 31 st	Music with Vangie	10:30 a.m.



In Preparation for the upcoming Christmas season, please review some helpful tips and information to help you plan for the holiday season!



Christmas Calendar of Events – Our Activation Calendar will be brimming with special events and celebrations throughout the month of December 2014. Please be sure to check the calendar regularly for coming events and we hope you take the opportunity to enjoy this festive time with our residents.

Christmas Decorating Week – The Home will be putting up its Christmas decorations during the latter part of November and early December to create a fun, festive mood for all residents and their guests to enjoy.

Christmas Decorating Guidelines – The Home has prepared Christmas Decorating Guidelines to assist residents in making decisions about their Christmas decorating plans. These Decorating Guidelines are intended to honour resident wishes to decorate for Christmas, while maintaining fire safety and resident safety principles. For your information, a copy of the Guidelines is attached to this newsletter. Please contact the Nursing Department should you have any questions.

Christmas Season Room Reservation Bookings – all residents and families wishing to reserve a room for a private celebration during the Christmas season must call Carol Brophy directly to confirm your reservation. Carol can be reached at 613-345-0255 ext. 4122. **All room reservations are only done through a central office so it is important for you to have your reservation confirmed directly by Carol.**

Christmas Day Meals - The Home is not able to provide meals for purchase on Christmas Day. However, resident guests are free to bring a festive meal to the Home. The Fireside Lounge will be available on Christmas Day as space for residents and their families who may wish to share a Christmas meal together. Tables and chairs will be set up, along with microwave ovens to heat food. Coffee and tea will be provided by the Home. All guests using the area are asked to please keep the area clean and tidy for other users.

Resident Christmas Leave of Absence Form – In preparation for the Christmas Season, please find enclosed a Resident Christmas Leave of Absence Form. This form will advise our Nursing Staff of the resident's intention to be away during the holiday and will help Nursing Staff prepare any necessary medications, while the resident is out of the Lodge.

Labeling of Resident Clothing – Don't forget that resident personal clothing items need to have a St. Lawrence Lodge-provided label attached. Arrangements can be made in advance of Christmas to have clothing items labeled before wrapping your gifts. Please bring your gift items into the Home early so they are labeled and ready for wear after the gifts are opened.

Scented Products Reminder—St. Lawrence Lodge promotes a scent free environment. Scented products can trigger serious health reactions for some residents and staff. The Home requests that people refrain from wearing perfumes, colognes, and other scented products. Please consider this in your gift-giving decisions. Thank you for your cooperation in making our Home a scent free environment.

Fireside Lounge Renovations Nearing Completion!

You may have noticed the changes underway in our Fireside Lounge area if you've been in to visit at St. Lawrence Lodge recently. The AVP Executive members have committed a substantial amount of money to help us complete the update of the Fireside Lounge furniture, flooring, lighting, painting, and decorating so that it is an even more enjoyable area for our residents and their guests to enjoy.

A more formal grand opening will be celebrated once the full work is complete. We thank the members of the AVP for their kind donation. We could not have made this happen without their investment.

To keep our new flooring looking as good as possible, we are asking that residents coming in from outside with their wheelchairs and walkers please use the corridor to the right hand side of the main entrance so that the winter debris does not get deposited in the Fireside Lounge. Thank you for your cooperation!

Winter Footwear Reminder

And speaking of our new Fireside Lounge flooring, with the winter weather now upon us, we would like to try to prevent winter debris from being tracked into our newly-renovated Fireside Lounge area. We would respectfully request that visitors coming into the Home please use the corridor on the Right Hand Side of the main entrance to make their way down to the Resident Home Areas.

In addition, with winter fast approaching, we want to remind you that we need your cooperation to help us keep winter debris at the front door, where it belongs. St. Lawrence Lodge is home to 224 residents and we all need to treat our building accordingly.

Starting in November as the winter weather approaches, we ask you to please bring inside footwear to wear while you are visiting. A change area is located just to the right of the main entrance doorway.

It is important that you cooperate with this initiative in order to keep our Resident's living areas safe, clean, and tidy. Even a little bit of grit on the floor can become a slipping hazard for our residents. Your support and understanding is appreciated by all residents!

Have a great month!



Tom Harrington
Administrator