



**St. Lawrence Lodge**  
*Care To Believe™*

FOR IT COMES FROM WITHIN®



# Resident and Family Newsletter

LONG TERM CARE SINCE 1970

February 2016

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### Our Vision

*St. Lawrence Lodge will be a leader in providing progressive long term care.*

### Our Values

*Respect*

*Quality Service*

*Person-Centered Care*

*Compassion*

### Our Mission

*St. Lawrence Lodge provides quality, person-centered, long term care in partnership with families and care givers and in collaboration with community resources.*

### Our Philosophy

*We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.*



## Ontario Long Term Care Association Calls on Government to Step Up to the Plate

The Ontario Association of Non-Profit Homes and Services for Seniors (OANHSS) has launched an advocacy campaign entitled “Ensuring the Care is There - Meeting the Needs of Ontario’s Long Term Care Residents”. The purpose of this advocacy work is to impress on the Ontario Liberal Government the importance of making a significant investment now.

Ontario’s Long Term Care Homes serve an extremely vulnerable population with complex care needs. Residents and their families are relying on the Provincial Government to ensure that Homes have enough staff with the proper training to provide the needed care and resources to create quality, home-like environments. LTC Homes have been doing the best they can, but care needs have gone beyond what can be provided at current funding levels.

OANHSS believes that investments in the 2016-17 Provincial Budget focused on the following 4 priorities will move the sector much closer to where it needs to be:

- ✓ *Staffing increases to achieve an average of 4 hours of care per for residents over the next two years.*
- ✓ *Dedicated teams of resource people in every Long Term Care Home with specialized skills in caring for residents with dementia and moderate responsive behaviours.*
- ✓ *Increased funding to ensure quality food.*
- ✓ *More designated behavior units to ensure safe and proper care for residents with more severe responsive behaviours.*

The recommendation for annual funding to achieve 4 hours of care per resident day was first put forward in 2008. Eight years later, we still have a long way to go, as residents in Ontario currently receive an average of 3.4 hours. This is now an urgent need. Research evidence clearly shows that more staffing will mean better quality care, better resident outcomes, and greater resident safety.

To learn more or to find out how you can help support this campaign, pick up an OANHSS brochure from the Business Office.

## Calendar of Events - February 2016

Tues., Feb. 2 <sup>nd</sup>	Beth – Flute	Maple – 11:00 a.m.
Tues., Feb. 2 <sup>nd</sup>	Music with Jacquie	Spruce - 3:30 p.m.
Tues., Feb. 2 <sup>nd</sup>	Happy Hour	Town Square – 6:45 p.m.
Wed., Feb. 3 <sup>rd</sup>	Birthday/Musical – Tom Wilson	Town Square - 1:45 p.m.
Sat., Feb. 6 <sup>th</sup>	Bag Pipers	Town Square – 1:45 p.m.
Tues., Feb. 9 <sup>th</sup>	Beth – Flute	Spruce – 11:00 a.m.
Tues., Feb. 9 <sup>th</sup>	The Troubadours	Town Square – 6:45 p.m.
Wed., Feb. 10 <sup>th</sup>	Parabus Shopping – Wal Mart	Front Door – 1:00 p.m.
Thurs., Feb. 11 <sup>th</sup>	Valentine’s Wine & Cheese Party	Town Square – 2:00 p.m.
Sat., Feb. 13 <sup>th</sup>	The Brown’s	Town Square – 1:45 p.m.
Tues., Feb. 16 <sup>th</sup>	Beth – Flute	Cedar – 11:00 a.m.
Tues., Feb. 16 <sup>th</sup>	Music with Jacquie	Elm – 3:30 p.m.
Tues., Feb. 16 <sup>th</sup>	Sweet Memories	Town Square – 6:45 p.m.
Wed., Feb. 17 <sup>th</sup>	Music with Wayne	Spruce – 10:30 a.m.
Wed., Feb. 17 <sup>th</sup>	Bernie & Verna	Cedar – 10:30 a.m.
Wed., Feb. 17 <sup>th</sup>	Brockville Museum	Chapel – 1:45 p.m.
Sat., Feb. 20 <sup>th</sup>	Tom Wilson Trio	Town Square – 1:45 p.m.
Tues., Feb. 23 <sup>rd</sup>	Beth – Flute	Cedar – 11:00 a.m.
Tues., Feb. 23 <sup>rd</sup>	Music with Jacquie	Cedar – 3:30 p.m.
Tues., Feb. 23 <sup>rd</sup>	New Hope Choir	Town Square – 6:45 p.m.
Wed., Feb. 24 <sup>th</sup>	Vicki Spurrel	Town Square – 1:45 p.m.
Thurs., Feb. 25 <sup>th</sup>	St. Lawrence Entertainers	Town Square – 1:45 p.m.
Sat., Feb. 27 <sup>th</sup>	Pub - Matt Hayes & Old Friends	Town Square – 1:45 p.m.

### SPECIAL CARE (OAK) – FEBRUARY 2016

Mon., Feb. 1 <sup>st</sup>	Music with Joyce	10:30 a.m.
Wed., Feb. 3 <sup>rd</sup>	Music with Wayne	10:30 a.m.
Sat., Feb. 6 <sup>th</sup>	Movie Night	6:45 p.m.
Mon., Feb. 8 <sup>th</sup>	Music with Joyce	10:30 a.m.
Fri., Feb. 12 <sup>th</sup>	Hudson Majaury	1:45 p.m.
Sat., Feb. 13 <sup>th</sup>	Movie Night	6:45 p.m.
Wed., Feb. 17 <sup>th</sup>	Music with Joyce	10:30 a.m.
Thurs., Feb. 18 <sup>th</sup>	Bernie & Verna	10:30 a.m.
Mon., Feb. 22 <sup>nd</sup>	Music with Joyce	10:30 a.m.
Tues., Feb. 23 <sup>rd</sup>	Beth - Flute	11:00 a.m.
Fri., Feb. 26 <sup>th</sup>	Dave Rowan	1:45 p.m.
Mon., Feb. 29 <sup>th</sup>	Music with Joyce	10:30 a.m.

**Important  
Notice**

### Important Notice re. Parabus Service Changes

As of January 1<sup>st</sup>, 2016, Voyageur Transportation Services has taken over the management of Paratransit buses here in Brockville. They have brought with them all new paratransit buses, as well as, offering a wider spectrum of transportation outside the city limits - rates will be adjusted accordingly.

Please be advised that St. Lawrence Lodge will no longer be involved with the parabus billing. You can purchase a book of 10 tickets for \$18.00 at the Paratransit Office situated at 1909 Parkedale Ave., Brockville, or pay by cash. The Office phone number for parabus is: 613-345-7272.

### 2015 Income Tax Return Preparations and Notice of Assessment

For those of you who may require assistance in preparing your annual income tax forms, the Volunteer Bureau of Leeds and Grenville will provide assistance in completing simple income tax returns. These returns can be dropped off for resident completion by their families.

The Volunteer Bureau Office can be reached at phone number 613-498-2111.

For those residents who qualify for a Rate Reduction under the MOH & LTC guidelines a reminder to submit your Notice of Assessment from 2015 to the Business Office. If a resident moved to our Home in 2015 and you have not received all of your income source tax forms, please contact Service Canada, or the applicable source, as soon as possible.



### St. Lawrence Lodge Foundation

Every gift to the St. Lawrence Lodge Foundation is important. Resident care needs are continually changing and our Home can meet those needs through not only our many volunteers and friends, but also, through financial donations generously provided by friends of St. Lawrence Lodge.

Please consider supporting the residents of St. Lawrence Lodge in your charitable giving this year.

Your gift will make a difference for our residents.

All donations will be acknowledged and are eligible for a charitable tax receipt.

From our Home to yours, thank you for your consideration!

### Changes to Dining Room Meal Schedule Recently Implemented

For information, you might be interested to know that we have switched the dining room meal start time schedule following a discussion and recommendation coming from our Resident Council. The new meal time switch-over happened at the end of January 2016.

*Have a great month!*

Tom Harrington  
Administrator