



"News From Home"

St. Lawrence Lodge Newsletter



July 2018



INSIDE THIS ISSUE

- 1 Family Council & AVP Sponsor Garden Project
- 2 Calendar of Events – July 2018
- 3 SLL Foundation; In Memoriams
- 4 About Family Council
- 5 Forever Young Care Group Pricing Notice
- 6 Information Notices

Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

Respect

Quality Service

Person-Centered Care

Compassion

Our Mission

St. Lawrence Lodge provides quality, person-centered, long term care in partnership with families and care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.



A Special Thank You to Family Council & AVP for Sponsoring the Garden Project

In early June, the St. Lawrence Lodge Family Council kindly sponsored a Garden refresh project to add some new plantings and colour to our courtyard gardens for the enjoyment of our residents and their guests.

Famiy Council received donations from the following local merchants. Please keep them in mind when doing your shopping as well!

The Flower Shop Reg'd
Farmway Garden Center
Canadian Tire
Ritchie's Feed and Seed
Home Hardware

Real Canadian Superstore
Metro Brockville Grocery
Giant Tiger
Green Things

Thank you to Alison Whitlock from the Brockville and District Horticultural Society for lending her expertise.

Plus, a thank you to those persons who donated money to pay for the purchase of new plantings.

Also for information, prior to the Garden Project getting underway, over 600 bags of topsoil were brought in to top up soil levels in the courtyard. This part of the project was generously sponsored by the St. Lawrence Lodge Auxiliary Volunteer Program (AVP) with a donation of \$2,500.

Many thanks to all involved!



Calendar of Events - July 2018

Tues., July 3 rd	Beth - Flute	Cedar - 11:00 a.m.
Wed., July 4 th	Music with Wayne & Gail	Spruce - 10:30 a.m.
Wed., July 4 th	Birthday Musical - Tom Wilson	Town Square - 1:45 p.m.
Tues., July 10 th	Beth - Flute	Pine - 11:00 a.m.
Tues., July 10 th	Valerie Brown	Town Square - 6:45 p.m.
Wed., July 11 th	Music with Vangie	Birch - 10:30 a.m.
Wed., July 11 th	Parabus Shopping - Wal Mart	Front Door - 1:00 p.m.
Sat., July 14 th	Vicki Spurrel	Town Square - 1:45 p.m.
Tues., July 17 th	Beth - Flute	Spruce - 11:00 a.m.
Tues., July 17 th	Ian Comb	Town Square - 6:45 p.m.
Wed., July 18 th	Music with Vangie	Maple - 10:30 a.m.
Wed., July 18 th	Music with Wayne & Gail	Elm - 10:30 a.m.
Wed., July 18 th	Brockville Museum	Chapel - 1:45 p.m.
Thurs., July 19 th	Winnona	Town Square - 1:45 p.m.
Sat., July 21 st	Dave Rowan	Town Square - 1:45 p.m.
Tues., July 24 th	Beth - Flute	Maple - 11:00 a.m.
Tues., July 24 th	Harmonica Sing-A-Longs	Town Square - 6:45 p.m.
Wed., July 25 th	Music with Vangie	Pine - 10:30 a.m.
Sat., July 28 th	Pub - Tom Wilson Trio	Town Square - 1:45 p.m.

SPECIAL CARE (OAK)

Wed., July 4 th	Music with Vangie	10:30 a.m.
Sat., July 7 th	Great Music Guys	1:45 p.m.
Mon., July 9 th	Music with Vangie	10:30 a.m.
Mon., July 16 th	Music with Vangie	10:30 a.m.
Mon., July 23 rd	Music with Vangie	10:30 a.m.
Fri., July 27 th	Hudson Majaury	1:45 p.m.
Mon., July 30 th	Music with Vangie	10:30 a.m.
Tues., July 31 st	Beth - Flute	11:00 a.m.





ST. LAWRENCE LODGE FOUNDATION

Care-Connect

News from Home



ST. LAWRENCE LODGE FOUNDATION

We would like to take this opportunity to thank the families of residents who have designated In Memoriam Gifts to the St. Lawrence Lodge Foundation recently. Your support is much-appreciated, and supports the care and services of our Residents.

Every gift to the St. Lawrence Lodge Foundation is important. Resident care needs are continually changing and our Home can meet those needs through not only our many volunteers and friends, but also, through financial donations generously provided by friends of St. Lawrence Lodge.

Please consider supporting the residents of St. Lawrence Lodge in your charitable giving this year.

Your gift will make a difference for our residents.

All donations will be acknowledged and are eligible for a charitable tax receipt. From our Home to yours, thank you for your consideration!

Care to Give
FOR THE KIND OF CARE



St. Lawrence Lodge Foundation would like to thank the family members of the following residents for designating St. Lawrence Lodge Foundation as a charity of choice in memory of their loved one.

Irene Black

Lucille Nicolini

Harold Hollister

Ed Blake

Beatrice Paddle

Gerald Rowntree

Virginia Chretien

George Herr

Maria Hoogwerf

Philomena Zaveda



For Residents and Family Members

The St. Lawrence Lodge Family Council respects the mission of St. Lawrence Lodge and offers support to residents, families, and staff at the Home. The Family Council advocates for all residents, families and caregivers, in particular, for those residents unable to advocate for themselves.

The Council promotes open communication. The Family Council will make suggestions and recommendations for change and improvements by being a forum for ideas and dialogue. The Council will endeavour to become more knowledgeable about the long term care sector and the operations of the Home and it will work to educate its members and other family members of residents.

Typical Family Council Activities

- Working with St. Lawrence Lodge employees for positive change
- Sponsoring activities for residents and families
- Suggestions and advice for improvements in our Home
- Representing residents who do not have family members to help them
- Providing political advocacy for improvements to the Long Term Care sector

Family Council Membership

- | | | |
|--------------------|-------------|---|
| • Candace Kaine | Elm Lodge | 613-345-6298 cjkaine@cogeco.ca |
| • Helen LeBlanc | Birch Lodge | 613-342-3777 |
| • Pamela Moorhouse | Maple Lodge | 613-345-5589 pammoorhouse@outlook.com |
| • Deb Steele | Elm Lodge | 613-803-8957 debsteele3@gmail.com |

Volunteers are needed for Family Council. If you are family, or friend of a resident who lives on Oak, Spruce, Maple, or Pine Lodge, then Family Council invites you to consider joining. The time commitment involves one meeting per month on the 3rd Tuesday at 1:30 pm for approximately 2 hours. If interested, then please contact Pam Moorhouse, Family Council Chair, at 613-345-5589.



Forever Young Care Group Hair Salon Pricing – Aug 1st

Forever Young Care Group has announced a rate adjustment to be effective August 1st, 2018. The price listing for each service is shown below.



FOREVER YOUNG HAIR CARE GROUP
RETIREMENT HOMES - NURSING HOMES - HOSPITALS

203 LORD SEATON ROAD, TORONTO, ON M2P 1L1
T: 1-800-448-3553

Note

ST. LAWRENCE LODGE

HAIRSTYLING SERVICE

PRICE LIST FOR SERVICES RENDERED AT THE SALON

EFFECTIVE AUGUST 1ST, 2018

<u>SHAMPOO</u>	<u>PRICE</u>	<u>HST</u>	<u>TOTAL</u>
Regular Shampoo	\$ 5.31	\$ 0.69	\$ 6.00
Anti-dandruff shampoo	\$ 3.50	\$ 0.46	\$ 10.00
<u>TREATMENTS (EXTRA)</u>			
Anti-dandruff shampoo (if replacing regular shampoo) EXTRA	\$ 3.54	\$ 0.46	\$ 4.00
Damaged hair treatment	\$ 8.85	\$ 1.15	\$ 10.00
<u>SERVICES</u>			
Set with regular shampoo	\$ 22.12	\$ 2.88	\$ 25.00
Cut (only)	\$ 17.70	\$ 2.30	\$ 20.00
Cut and Set with regular shampoo	\$ 35.40	\$ 4.60	\$ 40.00
Shampoo, Cut and Blow dry / finish	\$ 32.74	\$ 4.26	\$ 37.00
Shampoo and Blow dry	\$ 17.70	\$ 2.30	\$ 20.00
Shampoo, Blow dry and Iron	\$ 23.89	\$ 3.11	\$ 27.00
Shampoo, Blow dry, Iron and Cut	\$ 37.17	\$ 4.83	\$ 42.00
<u>COLOUR SERVICES</u>			
Colour (only)	\$ 28.32	\$ 3.68	\$ 32.00
<u>PERMS (Includes shampoo, cut and set)</u>			
Acclaim (all types)	\$ 66.37	\$ 8.63	\$ 75.00
Quantum Exothermique (grey or white hair)	\$ 66.37	\$ 8.63	\$ 75.00
<u>MEN</u>			
Cut	\$ 15.93	\$ 2.07	\$ 18.00
Beard trim	\$ 6.19	\$ 0.81	\$ 7.00
<i>Hair Nets (sale)</i>	<i>\$ 2.65</i>	<i>\$ 0.35</i>	<i>\$ 3.00</i>

ALL OUR WORK IS FULLY GUARANTEED OR YOUR MONEY BACK

Scented Products Reminder



Members of Residents' Council and some of our SLL employees have raised a concern regarding more and more people using scented products within the Home. Many visitors and others entering the building have been wearing cologne or perfume and there are a number of persons with acute sensitivities to these strong scents.

We request that people refrain from wearing scented products as it has a negative impact on several of our colleagues.

Thank you for your attention to this important message!

Calling All Interested Volunteers!



St. Lawrence Lodge is always looking for active volunteers to help out with various resident activities and special events. If you or someone you know is interested in learning more about how you may help make a difference in the lives of residents at St. Lawrence Lodge, please contact Dawn Dodge at 613-345-0255 ext 4122.



Reminder to Keep Windows Closed to Maintain Air Cooling in the Building

A quick note to remind everyone that the building air conditioning system will work much better if all windows are kept closed during the hot, humid summer conditions.

Some residents are insisting on keeping their windows open. This is not advised as the hot outside temperatures can penetrate deep into the building if windows are left open.

So, please cooperate by keeping resident room windows properly sealed so the cooling system can keep up! Thank You!



Have a great month!

A handwritten signature in blue ink that reads "Tom Harrington".

Tom Harrington
Administrator