



"News From Home"

St. Lawrence Lodge Newsletter



March 2018



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Oak Lodge Are Champions of SLL 2018 Winter Olympics

The 2018 Winter Olympics, SLL-style, were held the week of February 19th, 2018. After many daily hotly-contested events, the residents of Oak Lodge prevailed as the overall Champions! Congratulations! The picture below show that everyone had good fun and competition. A big thank you to our Activation staff for helping our athletes train for their event!

Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

Respect

Quality Service

Person-Centered Care

Compassion

Our Mission

St. Lawrence Lodge provides quality, person-centered, long term care in partnership with families and care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.



Calendar of Events - March 2018

Thurs., Mar. 1 st	Music with Bob & Elaine	Maple – 10:30 a.m.
Thurs., Mar. 1 st	Matthew O'Halloran	Spruce – 3:00 p.m.
Tues., Mar. 6 th	Beth – Flute	Cedar – 11:00 a.m.
Tues., Mar. 6 th	Tom Wilson	Town Square – 6:45 p.m.
Wed., Mar. 7 th	Birthday Musical – Hamonica-Sing-A-Longs	Town Square – 1:45 p.m.
Thurs., Mar. 8 th	Matthew O'Halloran	Maple – 3:00 p.m.
Sat., Mar. 10 th	Hudson Majaury	Town Square – 1:45 p.m.
Tues., Mar. 13 th	Beth – Flute	Pine – 11:00 a.m.
Tues., Mar. 13 th	Art Therapy on 1 st Floor	Elm – 2:00 p.m.
Tues., Mar. 13 th	The Troubadours	Town Square – 6:45 p.m.
Wed., Mar. 14 th	Music with Wayne & Gail	Birch – 10:30 a.m.
Wed., Mar. 14 th	Bernie & Verna	Elm – 10:30 a.m.
Wed., Mar. 14 th	Music with Vangie	Maple – 10:30 a.m.
Wed., Mar. 14 th	Parabus Shopping – Walmart	Front Door – 1:00 p.m.
Thurs., Mar. 15 th	Winnona	Town Square – 1:45 p.m.
Sat., Mar. 17 th	Tom Wilson Trio	Town Square – 1:45 p.m.
Tues., Mar. 20 th	Beth – Flute	Cedar – 11:00 a.m.
Tues., Mar. 20 th	Art Therapy on 2 nd Floor	Birch – 2:00 p.m.
Tues., Mar. 20 th	Great Music Guys	Town Square – 6:45 p.m.
Wed., Mar. 21 st	Music with Vangie	Spruce – 10:30 a.m.
Thurs., Mar. 22 nd	AVP Bake Sale	Town Square – 10:00 – 3:30 p.m.
Sat., Mar. 24 th	Dave Rowan	Town Square – 1:45 p.m.
Tues., Mar. 27 th	Art Therapy on 3 rd	Cedar – 2:00 p.m.
Tues., Mar. 27 th	Valerie Brown	Town Square – 6:45 p.m.
Wed., Mar. 28 th	Music with Vangie	Elm – 10:30 a.m.
Sat., Mar. 31 st	Pub – Shelley Wing	Town Square – 1:45 p.m.

SPECIAL CARE (OAK) – MARCH 2018

Sat., Mar. 3 rd	Great Music Guys	1:45 p.m.
Mon., Mar. 5 th	Music with Joyce	10:30 a.m.
Wed., Mar. 7 th	Music with Vangie	10:30 a.m.
Fri., Mar. 9 th	Dave Rowan	1:45 p.m.
Mon., Mar. 12 th	Music with Joyce	10:30 a.m.
Thurs., Mar. 15 th	Bernie & Verna	10:30 a.m.
Mon., Mar. 19 th	Music with Joyce	10:30 a.m.
Fri., Mar. 23 rd	Harmonica Sing-A-Longs	2:00 p.m.
Mon., Mar. 26 th	Music with Joyce	10:30 a.m.
Tues., Mar. 27 th	Beth – Flute	11:00 a.m.
Wed., Mar. 28 th	Music with Wayne & Gail	10:30 a.m.



ST. LAWRENCE LODGE FOUNDATION

Care-Connect

News from Home



ST. LAWRENCE LODGE FOUNDATION

We would like to take this opportunity to thank the families of residents who have designated In Memoriam Gifts to the St. Lawrence Lodge Foundation recently. Your support is much-appreciated, and supports the care and services of our Residents.

Every gift to the St. Lawrence Lodge Foundation is important. Resident care needs are continually changing and our Home can meet those needs through not only our many volunteers and friends, but also, through financial donations generously provided by friends of St. Lawrence Lodge.

Please consider supporting the residents of St. Lawrence Lodge in your charitable giving this year.

Your gift will make a difference for our residents.

All donations will be acknowledged and are eligible for a charitable tax receipt. From our Home to yours, thank you for your consideration!



Please note that the TV Guide is now located on Channel 75. All other channels remain unchanged.

For Residents and Family Members

The St. Lawrence Lodge Family Council respects the mission of St. Lawrence Lodge and offers support to residents, families, and staff at the Home. The Family Council advocates for all residents, families and caregivers, in particular, for those residents unable to advocate for themselves.

The Council promotes open communication. The Family Council will make suggestions and recommendations for change and improvements by being a forum for ideas and dialogue. The Council will endeavour to become more knowledgeable about the long term care sector and the operations of the Home and it will work to educate its members and other family members of residents.

Typical Family Council Activities

- Working with St. Lawrence Lodge employees for positive change
- Sponsoring activities for residents and families
- Suggestions and advice for improvements in our Home
- Representing residents who do not have family members to help them
- Providing political advocacy for improvements to the Long Term Care sector

Family Council Membership

- | | | |
|--------------------|-------------|---------------------------------------|
| • JoAnn Bell | Cedar Lodge | 613-345-2385 Thebells400@hotmail.com |
| • Candace Kaine | Elm Lodge | 613-345-6298 cjkaine@cogeco.ca |
| • Helen LeBlanc | Birch Lodge | 613-342-3777 |
| • Pamela Moorhouse | Maple Lodge | 613-345-5589 pammoorhouse@outlook.com |
| • Deb Steele | Elm Lodge | 613-803-8957 debsteele3@gmail.com |



Volunteers are needed for Family Council. If you are family, or friend of a resident who lives on Oak, Spruce, Maple, or Pine Lodge, then Family Council invites you to consider joining. The time commitment involves one meeting per month on the 3rd Tuesday at 1:30 pm for approximately 2 hours. If interested, then please contact Pam Moorhouse, Family Council Chair, at 613-345-5589.

2017 Notice of Assessment Submission Reminder



For those residents in Basic Accommodation, please remember to submit your 2017 Notice of Assessment. Application for rate reduction needs to be completed by July 1, 2018.

COMMUNITY VOLUNTEER INCOME TAX PROGRAM

FREE TAX SERVICES

Income Tax Returns for low income filers

(Individual: max. \$30,000, Couple: max. \$40,000)

Brockville –1000 Islands Mall—613-499-9393

Gananoque and area - CPHC - 613-650-7225

Prescott and area - 2 locations - 613-246-0569

Kemptville - CSE - 613-258-6576

Elgin - Guthrie House - 613-359-6000



For any further questions, please call:

613-498-2111 Ext 374

*** Taxes will be completed by a volunteer registered with the CRA/CVITP ***

The Volunteer Centre of St. Lawrence-Rideau

info@volunteercentre.ca
www.volunteercentre.ca



VC Office—613-498-2111 X374
1-800-926-0777 X374



Canada



Canada Revenue
Agency

Agence du revenu
du Canada

In case anyone needs assistance with their tax returns, please keep in mind the Volunteer Centre of St. Lawrence Rideau may be able to help.

LTC Association Calls on Gov't to Make Good on Promises

AdvantAge Ontario has shared its Provincial Budget Submission entitled “Making Good on Promises”. The focus of the submission is the need for adequate funding across the continuum of seniors care in the Province and the need to take a rational and considered approach to the allocation of the promise 5,000 new long term care beds, and staffing increases.

Specifically to staffing increases to move to a Provincial average of 4.0 hours of care, the Association is calling for a commitment to fund the full cost of training the necessary new personnel needed within the LTC sector and a 2 year implementation target to reach the 4.0 hours of care.

The principles outlined in the Budget submission will also be included in a Provincial Election Advocacy campaign later this year. For more information on this topic, please visit the AdvantAge Ontario web site at www.advantageontario.ca.



Have a great month!

A handwritten signature in blue ink that reads "Tom Harrington".

Tom Harrington
Administrator