



**St. Lawrence Lodge**  
*Care To Believe™*

FOR IT COMES FROM WITHIN®



# Resident and Family Newsletter

LONG TERM CARE SINCE 1970

March 2016

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## Ontario Provincial Budget Comes Up Short for LTC

The Province tabled the 2016-17 Budget on February 25, 2016.

Long term care will receive a 2% increase to 2 of its funding envelopes – Nursing and Personal Care (NPC), and Programs and Services (PSS). The Budget was silent on the other funding envelopes related to Raw Food and Other Accommodation at this time. The Government committed for the same funding levels for the next two years, as well.

In addition the government announced a \$10M increase to the current \$44M Behavioural Supports Ontario funding in each of the next three years (2016-17, 2017-18 and 2018-19). Details of how this funding will be allocated remain to be determined, but Homes are hopeful that the Ministry will devote it directly to in-home behaviour teams.

Consistent with prior year commitments, the Budget includes \$250M increase to home and community care services in 2016-17 and another \$250M in 2017-18.

After four years of frozen base budgets, hospitals will receive a base increase of \$345M, an increase of just under 1%.

The Ministry of Finance projects a \$5.7B deficit for 2015-16, decreasing to \$4.3B in 2016-17. In 2017-18, overall program spending is expected to increase by \$1.2B.

MOHLTC spending is projected to be \$50.8B this fiscal year, increasing to \$51.8 in 2016-17.

Donna Rubin, OANHSS' CEO, responded to the Budget announcement with the following remarks:

“Although the budget included a 2% increase to nursing and personal care, it will not impact existing staffing levels; rather, at best, it will allow homes to maintain their current levels of care.”

“Today’s budget is a step in the right direction; however, long term care still needs a significant staffing increase to meet the increasingly complex needs of all residents,” added Rubin. OANHSS has been asking for a provincial average of 4 hours of care per resident per day.

“We will continue to advocate strongly for a significant staffing increase to give residents the quality of care they deserve,” said Rubin.

### **Our Vision**

*St. Lawrence Lodge will be a leader in providing progressive long term care.*

### **Our Values**

*Respect*

*Quality Service*

*Person-Centered Care*

*Compassion*

### **Our Mission**

*St. Lawrence Lodge provides quality, person-centered, long term care in partnership with families and care givers and in collaboration with community resources.*

### **Our Philosophy**

*We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.*

### Calendar of Events - March 2016

Tues., March 1 <sup>st</sup>	Beth - Flute	Cedar - 11:00 a.m.
Tues., March 1 <sup>st</sup>	Music with Jacquie	Spruce - 3:30 p.m.
Tues., March 1 <sup>st</sup>	Happy Hour	Town Square - 6:45 p.m.
Wed., March 2 <sup>nd</sup>	Music with Wayne	Elm - 10:30 a.m.
Wed., March 2 <sup>nd</sup>	Birthday Musical - Harmonica Sing-A-Longs	Town Square - 1:45 p.m.
Tues., March 8 <sup>th</sup>	Beth - Flute	Birch - 11:00 a.m.
Tues., March 8 <sup>th</sup>	The Troubadours	Town Square - 6:45 p.m.
Wed., March 9 <sup>th</sup>	Music with Vangie	Pine - 10:30 a.m.
Wed., March 9 <sup>th</sup>	Parabus Shopping - Wal Mart	Front Door - 1:00 p.m.
Sat., March 12 <sup>th</sup>	Tom Wilson Trio	Town Square - 1:45 p.m.
Tues., March 15 <sup>th</sup>	Beth - Flute	Pine - 11:00 a.m.
Tues., March 15 <sup>th</sup>	Music with Jacquie	Maple - 3:30 p.m.
Tues., March 15 <sup>th</sup>	The Brown's	Town Square - 6:45 p.m.
Wed., March 16 <sup>th</sup>	Music with Vangie	Spruce - 10:30 a.m.
Wed., March 16 <sup>th</sup>	Music with Wayne	Cedar - 10:30 a.m.
Wed., March 16 <sup>th</sup>	Bernie & Verna	Pine - 10:30 a.m.
Wed., March 16 <sup>th</sup>	Brockville Museum	Chapel - 1:45 p.m.
Thurs., March 17 <sup>th</sup>	St. Patrick's Day Pub - Winnona	Town Square - 1:45 p.m.
Sat., March 19 <sup>th</sup>	Hudson Majaury	Town Square - 1:45 p.m.
Tues., March 22 <sup>nd</sup>	Beth - Flute	Maple - 11:00 a.m.
Tues., March 22 <sup>nd</sup>	Music with Jacquie	Birch - 3:30 p.m.
Tues., March 22 <sup>nd</sup>	Tom Wilson	Town Square - 6:45 p.m.
Wed., March 23 <sup>rd</sup>	Music with Vangie	Elm - 10:30 a.m.
Sat., March 26 <sup>th</sup>	Pub - Matt Hayes & Old Friends	Town Square - 1:45 p.m.
Tues., March 29 <sup>th</sup>	Beth - Flute	Spruce - 11:00 a.m.
Tues., March 29 <sup>th</sup>	Music with Jacquie	Cedar - 3:30 p.m.
Tues., March 29 <sup>th</sup>	Sweet Memories	Town Square - 6:45 p.m.
Wed., March 30 <sup>th</sup>	Music with Vangie	Birch - 10:30 a.m.

### SPECIAL CARE (OAK) - MARCH 2016

Mon., March 2 <sup>nd</sup>	Music with Vangie	10:30 a.m.
Sat., March 5 <sup>th</sup>	Hudson Majaury	1:45 p.m.
Mon., March 7 <sup>th</sup>	Music with Joyce	10:30 a.m.
Tues., March 8 <sup>th</sup>	Music with Jacquie	3:30 p.m.
Fri., March 11 <sup>th</sup>	Dave Rowan	1:45 p.m.
Mon., March 14 <sup>th</sup>	Music with Joyce	10:30 a.m.
Thurs., March 17 <sup>th</sup>	Bernie & Verna	10:30 a.m.
Fri., March 18 <sup>th</sup>	Harmonica Sing-A-Longs	1:45 p.m.
Mon., March 21 <sup>st</sup>	Music with Joyce	10:30 a.m.
Tues., March 22 <sup>nd</sup>	Art Therapy	1:30 p.m.

**Scented Products Reminder**—St. Lawrence Lodge promotes a scent free environment. Scented products can trigger serious health reactions for some residents and staff. The Home requests that people refrain from wearing perfumes, colognes, and other scented products. Thank you for your cooperation in making our Home a scent free environment.

## GI Outbreak Affects the Lodge

Unfortunately, the GI bug has hit St. Lawrence Lodge, as it has many other Long Term Care Home in the region. The Lodge experienced a declared GI Outbreak in February 2016, eventually affecting the whole Home. I would like to commend residents, visitors, and staff for their cooperation in helping to contain the spread of the GI bug within the Home. We are hopeful that the current GI outbreak is over shortly so that we can return to normal operations soon.

Again, with the flu season upon us, it is important that we all do what we can to prevent the transmission of germs that can cause the flu and other illness.

The Health Unit reminds us:

- ◆ 80% of common infections are spread by hands
- ◆ Washing hands is one of the best ways to stop the spread of germs
- ◆ Please use the hand sanitizers provided throughout our Home to prevent the spread of infection.

Thank You!



### St. Lawrence Lodge Foundation

**We would like to take this opportunity to thank the families of residents who have designated In Memoriam Gifts to the St. Lawrence Lodge Foundation recently. Your support is much-appreciated.**

**Every gift to the St. Lawrence Lodge Foundation is important. Resident care needs are continually changing and our Home can meet those needs through not only our many volunteers and friends, but also, through financial donations generously provided by friends of St. Lawrence Lodge.**

**Please consider supporting the residents of St. Lawrence Lodge in your charitable giving this year.**

**Your gift will make a difference for our residents.**

**All donations will be acknowledged and are eligible for a charitable tax receipt.**

## Teamwork and Respect - Important Factors in Quality Resident Care.

St. Lawrence Lodge is committed to fostering a positive and collaborative environment within which to deliver quality, person-centered care to those residents entrusted to us.

In order to deliver excellent person-centered care, “Teamwork” and “Respect” are two key behaviours that need to be demonstrated by all persons within the resident’s Circle of Care.

The Circle of Care includes the resident, the resident’s family members, the Care team at the Home - RNs, RPNs, PSWs, Rehab Workers, and all other employees that have direct responsibilities of providing care to the resident including the attending physician.

Optimal care can be achieved if all members of the “Circle of Care” surrounding a resident take ownership and claim accountability for working collaboratively as part of the team in a respectful manner, at all times.

Disruptive behaviours within the Circle of Care can negatively impact on the delivery of services to residents. Disruptive behaviours include: accusatory statements, demeaning or degrading comments, blaming, insults, name-calling, put downs, sarcasm, and swearing.

These actions can be detrimental to a healthy working relationship and can cause a breakdown in the relationships among the Circle of Care team members and possibly threaten resident and staff well-being due to a breakdown in communication and collaboration.

None of us want that to happen. The care of our residents is too important to accept disruptive behavior and allow it to undermine their care and safety.

All members of the Circle of Care have the responsibility to act in a courteous and respectful manner and have the right to fair and equal treatment from others.

A caring and compassionate environment for our residents depends on it.

*Have a great month!*



Tom Harrington  
Administrator