



St. Lawrence Lodge
Care To Believe™

FOR IT COMES FROM WITHIN®



Resident and Family Newsletter

LONG TERM CARE SINCE 1970

October 2015

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Our Vision

St. Lawrence Lodge will be a leader in providing progressive long term care.

Our Values

*Respect
Quality Service
Person-Centered Care
Compassion*

Our Mission

St. Lawrence Lodge provides quality, person-centered, long term care in partnership with families and care givers and in collaboration with community resources.

Our Philosophy

We believe the atmosphere of our Home lies with those who reside and work with us. The Home celebrates resident life as it is being lived today in an environment that enables an optimal level of independence, choice, and individuality.

Election Day - October 19th, 2015



The Canadian Federal Election date is set for Monday October 19th, 2015. All Canadian citizens 18 years of age and older are eligible to vote. Elections Canada is establishing a polling station here at St. Lawrence Lodge to provide our residents with the opportunity to vote. The Polling Station will be located in the 1st Floor Class Room and will be open during the hours of 9:30 am to 9:30 pm.

It would be greatly appreciated if family members could come in to assist those residents who wish to cast their vote on Election Day.

Reminder - St. Lawrence Lodge to Test It's Emergency Preparedness October 21st

On Wednesday October 21st, St. Lawrence Lodge will be undertaking a simulated fire drill to test it's readiness for a real emergency.

The drill will take place on 1st floor at approximately 12 pm. Members of the Elizabethtown-Kitley Fire Department and the Brockville Fire Department will be on-site to observe the drill and offer their expertise on any improvements.

No residents will be directly involved in the drill. Instead, they will be attending a special activity in the Fireside Lounge for the duration of the exercise. However, in order to make the drill as realistic as possible, St. Lawrence College students have been asked to volunteer to act as our residents which the Home's staff will be responsible for moving away from the fire area.

These drills are important exercises to undertake so that the Home is ready to respond immediately to various emergency situations that could face the Home at any time.

We would ask that visitors please refrain from attending the building during this time, if possible. Thank you for your cooperation.

Calendar of Events - October 2015

Fri., Oct. 2 nd	Music with Jacquie	Elm - 3:30 p.m.
Tues., Oct. 6 th	B.J. Hughes at the Piano	Town Square - 10:00 a.m.
Tues., Oct. 6 th	Beth - Flute	Cedar - 11:00 a.m.
Tues., Oct. 6 th	Art Therapy on 1 st Floor	Pine - 2:00 p.m.
Tues., Oct. 6 th	D.J. Dan	Town Square - 6:45 p.m.
Wed., Oct. 7 th	Music with Vangie	Spruce - 10:30 a.m.
Wed., Oct. 7 th	Birthday Musical - Tom Wilson	Town Square - 1:45 p.m.
Fri., Oct. 9 th	Music with Jacquie	Birch - 3:30 p.m.
Sat., Oct. 10 th	Vicki Spurrell	Town Square - 1:45 p.m.
Tues., Oct. 13 th	Beth - Flute	Pine - 11:00 a.m.
Tues., Oct. 13 th	Art Therapy on 2 nd Floor	Spruce - 2:00 p.m.
Tues., Oct. 13 th	The Troubadours	Town Square - 6:45 p.m.
Wed., Oct. 14 th	Music with Wayne	Cedar - 10:00 a.m.
Wed., Oct. 14 th	Music with Vangie	Birch - 10:30 a.m.
Wed., Oct. 15 th	Parabus Shopping - Wal Mart	Front Door - 1:00 p.m.
Wed., Oct. 15 th	Winnona	Town Square - 1:45 p.m.
Fri., Oct. 16 th	Music with Jacquie	Cedar - 3:30 p.m.
Sat., Oct. 17 th	The Brown's	Town Square - 1:45 p.m.
Mon., Oct. 19 th	Election Day	Town Square - 9:00 a.m.
Tues., Oct. 20 th	Beth - Flute	Birch - 11:00 a.m.
Tues., Oct. 20 th	Art Therapy on 3 rd Floor	Maple - 2:00 p.m.
Tues., Oct. 20 th	Sweet Memories	Town Square - 6:45 p.m.
Wed., Oct. 21 st	Brockville Museum	Chapel - 1:45 p.m.
Fri., Oct. 23 rd	Music with Jacquie	Maple - 3:30 p.m.
Sat., Oct. 24 th	Tom Wilson Trio	Town Square - 1:45 p.m.
Tues., Oct. 27 th	Beth - Flute	Maple - 11:00 a.m.
Tues., Oct. 27 th	Art Therapy on 2 nd Floor	Birch - 2:00 p.m.
Tues., Oct. 27 th	New Hope Choir	Town Square - 6:45 p.m.
Wed., Oct. 28 th	Music with Vangie	Pine - 10:30 a.m.
Wed., Oct. 28 th	Fiddler's Plus	Town Square - 1:45 p.m.
Thurs., Oct. 29 th	Halloween Party	Town Square - 1:45 p.m.
Sat., Oct. 31 st	Pub - Matt Hayes	Town Square - 1:45 p.m.

SPECIAL CARE (OAK) - OCTOBER 2015

Sat., Oct. 3 rd	Kathy & Friends	1:45 p.m.
Mon., Oct. 5 th	Music with Joyce	10:30 a.m.
Thurs., Oct. 8 th	Oak Birthday Club	2:00 p.m.
Fri., Oct. 9 th	Harmonica Sing-Alongs	1:45 p.m.
Wed., Oct. 14 th	Music with Joyce	10:30 a.m.
Fri., Oct. 16 th	Eileen	1:45 p.m.
Mon., Oct. 19 th	Music with Joyce	10:30 a.m.
Wed., Oct. 21 st	Music with Vangie	10:30 a.m.
Thurs., Oct. 22 nd	Bernie & Verna	10:30 a.m.
Fri., Oct. 23 rd	Hudson Majaury	1:45 p.m.
Mon., Oct. 26 th	Music with Joyce	10:30 a.m.
Wed., Oct. 28 th	Music with Wayne	10:30 a.m.
Fri., Oct. 30 th	Music with Jacquie	3:30 p.m.

Flu Season is Approaching - It's Time to Get Ready?

Now that we are into our Fall Season and winter is just around the corner, it is time to remind our resident's guests and visitors that we all need to be mindful so that we do not spread the flu or other illnesses to our residents.

We ask that any person who has been sick or ill please refrain from visiting our Home for at least 5 days.

People who have had the flu - sore throat, stuffy nose, chills, cough, headache, muscle aches, weakness and fatigue - in particular are asked to make sure you are fully recovered before visiting the Home.

The Leeds, Grenville, and Lanark District Health Unit has good information on its web site about influenza, as well as, notices of where people can go to receive their annual flu shot.

We would also encourage everyone entering the Home to please use the hand sanitizer that is available extensively around the Home. Simple hand-washing is one of the easiest and most effective ways of preventing the spread of germs.

Thank you for your cooperation!

St. Lawrence Lodge Foundation

Every gift to the St. Lawrence Lodge Foundation is important. Resident care needs are continually changing and our Home can meet those needs through not only our many volunteers and friends, but also, through financial donations generously provided by friends of St. Lawrence Lodge.

Please consider supporting the residents of St. Lawrence Lodge in your charitable giving this year.

Your gift will make a difference for our residents.

All donations will be acknowledged and are eligible for a charitable tax receipt.

From our Home to yours, thank you for your consideration!

Teamwork and Respect - Important Factors in Quality Resident Care.

St. Lawrence Lodge is committed to fostering a positive and collaborative environment within which to deliver quality, person-centered care to those residents entrusted to us.

In order to deliver excellent person-centered care, “Teamwork” and “Respect” are two key behaviours that need to be demonstrated by all persons within the resident’s Circle of Care.

The Circle of Care includes the resident, the resident’s family members, the care team at the Home - RNs, RPNs, PSWs, Rehab Workers, and all other employees that have direct responsibilities of providing care to the resident including the attending physician.

Optimal care can be achieved if all members of the “Circle of Care” surrounding a resident take ownership and claim accountability for working collaboratively as part of the team in a respectful manner, at all times.

Recently concerns have been raised about the frequency of disruptive behaviours within the Circle of Care that are negatively impacting on the delivery of services to residents. Disruptive behaviours include: accusatory statements, demeaning or degrading comments, blaming, insults, name-calling, put downs, sarcasm, and swearing.

These actions can be detrimental to a healthy working relationship and can cause a breakdown in the relationships among the Circle of Care team members and possibly threaten resident and staff well-being due to a breakdown in communication and collaboration.

None of us want that to happen. The care of our residents is too important to accept disruptive behavior and allow it to undermine their care and safety.

All members of the Circle of Care have the responsibility to act in a courteous and respectful manner and have the right to fair and equal treatment from others.

A caring and compassionate environment for our residents depends on it.

Have a great month!



*Tom Harrington
Administrator*